# **Positive InnerG & Healing**

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#### **NOTICE OF PRIVACY PRACTICES**

#### **Purpose of This Notice**

This Notice explains how your protected health information (PHI) may be used, disclosed, and protected. It also outlines your rights under HIPAA and Pennsylvania mental health confidentiality laws.

### **Your Rights**

You have the right to:

- Access your treatment records
- Request corrections to your records
- Ask for limits on how your PHI is used or shared
- Request confidential communication
- Receive a list of certain disclosures
- Request a copy of this Notice at any time

#### **Our Responsibilities**

We are required to:

- Protect the privacy and security of your PHI
- Follow HIPAA and Pennsylvania confidentiality laws
- Notify you promptly if a breach occurs
- Provide you with this Notice and follow its terms

#### Use and Disclosure of PHI

Your PHI may be used or disclosed for:

- Treatment and coordination of care
- Billing and healthcare operations
- When required by law
- With your written authorization, which you may revoke at any time

#### **Additional Pennsylvania Protection**

Pennsylvania law provides extra safeguards for mental health information. Your records will not be released without your written consent unless legally required.

## File a Complaint

If you believe your privacy rights have been violated, you may file a complaint with:

Positive InnerG & Healing

Email: contact@positiveinnerg.sprucecare.com

You may also file a complaint with the U.S. Department of Health & Human Services. You will not be penalized for filing a complaint.

Effective Date: January 2025